



**ARLENE COHEN** is a storyteller, librarian, writer, and dancer. She has integrated her skills to offer personal and professional development workshops and performances for 25 years, including several presentations for Oregon/Washington Library Associations and Oregon/Washington Educational Media Associations and In-Service Trainings for Teachers and Librarians. She holds a Master's Degree in Children's Librarianship from the University of Hawaii, where she taught storytelling in the speech department. She has studied and taught ballet, modern dance, creative dance, and yoga. Her programs have been sponsored by the Hawaii State Foundation on Culture and the Arts, The National Endowment for the Arts, The Hawaiian Zoological Society, and The Regional Arts and Culture Council in Portland, Oregon. She has given workshops and performances in schools, libraries, churches, zoos, aquariums, art galleries, festivals, and conferences, for all ages. She has been an Artist-in-the Schools Storyteller in Hawaii, Arizona, Nevada, Oregon, and California.

### Her Book

*Stories on the Move: Integrating Literature and Movement with Children, Infants to Age 14* (Libraries Unlimited, 2007)

## Workshops

**GOAL: TO EDUCATE, ENTERTAIN & INSPIRE**

### LITERACY ON THE MOVE

Build Children's Literacy Skills, Agility, and Aesthetic Sensibility  
Workshops for Adults (2 hrs. each)

#### *Emergent Literacy on the Move*

**Infants to Age 5** – Learn how rhymes, songs, poems, and picture books serve as catalysts to simultaneously and progressively tap and encourage the young child's language and movement potential.

#### *Cultural Literacy on the Move*

**Ages 6-8** – Incorporate stories, dances, language, and customs from countries around the world to give children the opportunity to develop an appreciation for the cultures of others.

#### *Interpretive Literacy on the Move*

**Ages 9-14** – Guide children as they develop a deeper understanding of literature using vocal and movement improvisations to interpret story elements, structure, and literary devices.

### ***Interactive Programs for Adults and Children***

- Jiggles and Jingles for Babies (non-walkers) (1 hour)
- Dancing Rhymes for Toddlers (walkers) (1 hour)
- Dance-About (3-5 year olds) (1 hour)
- StoryTrips (6-8 year olds) (2 hours)
- StoryImage (9-11 year olds) (2 hours)
- Moving Stories (12 year olds) (2 hours)

### **MOVING STORIES**

This workshop is for ages 9-adult librarians, teachers, dancers, storytellers, caregivers, and parents. It teaches how to interpret and tell a story using expressive movement. Levels include: 9-11 and 12-adult. No prior dance or storytelling experience is necessary. The workshops are based on the last two chapters of Arlene's activity guidebook, *Stories on the Move* (Libraries Unlimited 2007).

- 3-hour workshops

### **STORYTELLING TRAINING FOR PRE-SCHOOL TEACHERS**

This workshop is designed for those looking to learn or refresh their storytelling skills. This training is designed with FUN in mind. It can take place before, during, and after naptime and includes the following:

1. Observation of storytelling performance for children
2. Selection and adaptation of stories suited for pre-school age children
3. Development of voice and gestures to present vivid story imagery
4. Techniques for making stories interactive
5. Performance of a group story for children by the teachers

- 2- to 3-hour workshop

### **PERFORMANCE PLUS**

#### **Motivate Communicate Resolve**

**Performance Plus** is a staff development workshop that uses the power of story metaphor as a catalyst for motivating staff and building excellent communication and quality service skills. An allegorical tale of resourcefulness is followed by visualizations, partner and group discussions, and real-life resolutions.

- 2- to 3-hour workshop

### **ACTIVE LEARNING RESEARCH SKILLS**

Gets students excited about homework! Uses the story form to bring science, social studies, and all subjects to life. This workshop is for teachers who want to make research fun for their students.

- 2-hour workshop

### **THE RESOURCEFUL REFERENCE LIBRARIAN**

Stumpers, no more! Here is a chance to find out just how resourceful you can be as a reference librarian. In this workshop you will learn how to think and respond beyond the obvious to questions from left field and elsewhere. A story character, who finds her way out of the forest, will show you how.

- 2-hour workshop

### **THE PERSONAL NARRATIVE EXPERIENCE™**

This is a fun and enlightening workshop for all adult groups. Write and tell an experience in your life to understand characters and events and to give The Experience a context in the rest of your life.

- 6-to 8-hour workshops

## PRINCESS MYTH™

This workshop takes a closer look at the stereotypes that keep us from living fully authentic lives. Prince Charming and Cinderella don't live here anymore. In this workshop, story metaphor serves as a catalyst to release outdated stereotypes and build a new self image. Storytelling by Arlene is followed by discussion, visualization, movement, and an art project.

- Mini workshop: 2 hours
- Full workshop: 6 hours

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